

**IMPORTANT NOTICE**

- 1) Download the Healthy 365 mobile app to check session availability and book your session
- 2) Sessions are subjected to change, kindly refer to H365 for the updated sessions
- 3) Active Family Programme (AFP) are for children aged 6 to 12 years old only
- 4) For enquires, please contact Team Axis Pte Ltd @ 93843328 (10pm to 6am)

Activity	Area	Venue	Day of month	Start Time	End Time
Advance Bowling	North	Yishun SAFRA	Every Sunday	12:00pm	1:00pm
Archery Shootout	West	Hillion Mall	Every Saturday	9:00am	10:00am
Bowling	Central	Mount Faber Safra	Every Saturday	10:00am	11:00am
Bowling	North	Khatib Hometeam NS	Every Sunday	10:00am	11:00am
Cup Stacking	North	Bukit Panjang Plaza	Every Saturday	10:00am	11:00am
Floorball	North-East	Oasis Terraces	Every Saturday	5:00pm	6:00pm
Inline Skating	South	Singapore Sports Hub	Every Sunday	3:00pm	4:00pm
Inline Skating	West	Clementi Sports Hall	Every Saturday	9:30am	10:30am
Mindfulness Yoga	North	Yishun Town Square	Every Saturday	5:00pm	6:00pm
Rockclimbing	East	Rockschool @Bedok	Every Sunday	11:00am	12:00pm
Skateboarding	West	Jurong West Stadium	Every Sunday	8:30am	9:30am
Skateboarding	West	Admiralty Park	Every Sunday	5:00pm	6:00pm
Tag Rugby	Central	Toa Payoh Sports Centre	Every Sunday	5:30pm	6:30pm
Zumba Dance Routine	East	Bedok Reservoir Park	Every Saturday	9:30am	10:30am

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- 3) Active Family Junior Programme (AFJP) are for children aged 4 to 6 years old only
- 4) For enquires, please contact Team Axis Pte Ltd @ 93843328 (10pm to 6am)

Activity	Area	Venue	Day of month	Start Time	End Time
Experiential learning and Hiking Trail	Central	Gardens by the Bay	Every Saturday	4:00pm	5:00pm
Fundamental movement skills and Junior Wushu	West	Xuan Sports and Wellness	Every Saturday	5:00pm	6:00pm
Fundamental movement skills and Junior Archery	North	Buangkok Town Square	Every Saturday	5:00pm	6:00pm
Fundamental movement skills and Junior Inline skating	North-East	Punggol Park	Every Saturday	5:00pm	6:00pm
Fundamental movement skills and Junior Inline skating	East	Bedok Town Square	Every Saturday	3:00pm	4:00pm
Fundamental movement skills and Junior Nerf	West	Kampung Admiralty Plaza	Every Sunday	9:00am	10:00am