

## IMPORTANT NOTICE for i-Run OCT 2019

- 1) Download the Healthy 365 mobile app to check session availability and book your session
- 2) Sessions are subject to change; kindly refer to H365 for the updated sessions
- 3) For enquires, contact enquiry@activeglobalfitness.com or 8299-1880

## CANCELLATION NOTIFICATION

- 1) The workout session at **Sports Hub is cancelled on 28th Oct** as it is an observed Public Holiday (Deepavali observed)

Area	Programme	Venue	Month	Day of Month	Activity	Start Time	End Time	Remarks
Central	i-Run	Labrador Park	Oct	Every Wednesday	i-Run	7pm	8pm	Registration at 6.45pm
East	i-Run	Our Tampines Hub	Oct	Every Thursday	i-Run	7pm	8pm	Registration at 6.45pm
North-East	i-Run	Punggol Town Square	Oct	Every Saturday	i-Run	7am	8am	Registration at 6.45am
Central	i-Run	Sports Hub	Oct	Every Monday	i-Run	7pm	8pm	Registration at 6.45pm; <b>Session on 14th Oct will be conducted at OCBC Square; No session on 28th Oct</b>