

# Post LTW Fitness Assessment

30 March to 12 April 2020 - Updated 17.03.20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>30 March</i>	<i>31 March</i>	<i>1 April</i>	<i>2 April</i>	<i>3 April</i>	<i>4 April</i>	<i>5 April</i>
<p><b><u>Our Tampines Hub</u></b> Arena @ OTH 7 - 8pm</p>	<p><b><u>Bukit Gombak Sports Centre</u></b> Blue basketball court 7.30 – 8.30pm</p> <p><b><u>Yio Chu Kang Stadium</u></b> D-Ring 7:30 – 8:30pm</p>	<p><b><u>Pasir Ris Sports Centre</u></b> Level 1, Sheltered Area 7 – 8pm</p> <p><b><u>HPB</u></b> Level 2, Sheltered Area 7 – 8pm</p>	<p><b><u>Woodlands Stadium</u></b> D-Ring 7:30 – 8:30pm</p> <p><b><u>Bedok Stadium</u></b> D-Ring 7 – 8pm</p> <p><b><u>Serangoon CC</u></b> Level 1 MPH 7-8pm</p>	<p><b><u>Yishun Stadium</u></b> Spectator Stand 7.30 – 8.30pm</p> <p><b><u>IMM</u></b> Level 3, Garden Plaza 6:30 - 7:30pm 7:30 - 8:30pm</p>	<p><b><u>Yishun Town Square</u></b> Sheltered Area 9 – 10am</p>	<p><b><u>Sports Hub</u></b> Level 3, Outside Gate 22 10 – 11am</p> <p><b><u>Jurong West Stadium</u></b> Level 3 Foyer 9-10am</p> <p><b><u>Anchorvale CC</u></b> Level 2, Hardcourt 6 - 7pm</p>
<i>6 April</i>	<i>7 April</i>	<i>8 April</i>	<i>9 April</i>	<i>10 April</i>	<i>11 April</i>	<i>12 April</i>
<p><b><u>Bedok Stadium</u></b> D-Ring 7 – 8pm</p> <p><b><u>IMM</u></b> Level 3, Garden Plaza 6:30 - 7:30pm 7:30 - 8:30pm</p>	<p><b><u>Sports Hub</u></b> Level 3, Outside Gate 22 7 – 8pm</p>	<p><b><u>Jurong West Stadium</u></b> D-Ring 7.30-8.30pm</p> <p><b><u>Plaza Singapura</u></b> Beside HSBC 7.30-8.30pm</p> <p><b><u>273E Compassvale</u></b> MPH &amp; Basketball 7-8pm</p>	<p><b><u>Woodlands Stadium</u></b> D-Ring 7:30 – 8:30pm</p> <p><b><u>Serangoon CC</u></b> Level 1 MPH 7-8pm</p>	<p><b><u>Jurong Canopy</u></b> Level 1 Sheltered Area 9 - 10am</p> <p><b>[Public Holiday]</b></p>	<p><b><u>Yishun Town Square</u></b> Sheltered Area 9 – 10am</p>	<p><b><u>Our Tampines Hub</u></b> Arena @ OTH 6 – 7pm</p>