

*All formula milk sold in Singapore provides sufficient nutrition for the child to grow healthily, regardless of the brand.								
Stage 2 Formula Milk Nutritional Information (per 100ml reconstituted product)								
	Mamil Gold	NAN Optipro 2	Similac	S-26 Gold	Dumex Dulac	Enfamil Pro A+	Frisolac Gold	Lactogen
Calories (kcal)	68	67	74	67	72	68	70	67
Fat (g)	3.0	3.0	3.6	3.0	3.6	3.0	2.8	3.0
Protein (g)	2.2	2.0	2.3	2.1	1.5	2.2	2.3	2.0
Carbohydrate (g)	7.8	8.1	8.0	8.1	8.2	8.3	8.7	8.0
DHA (mg)	10.0	4.9	7.3	11.3	6.5	11.6	4.7	4.8
Choline (mg)	14.0	NA	12.0	20.0	10.0	16.3	24.0	NA
Vitamin C (mg)	10.3	13.9	11.0	8.5	13.0	13.6	14.0	12.5
Folic Acid (ug)	12.0	13.2	16.0	8.0	11.0	13.6	24.0	12.5
Iron (mg)	0.80	1.00	1.00	1.20	0.80	0.85	0.98	0.90
Calcium (mg)	66	75	91	76	53	76	74	68
Zinc (mg)	0.50	0.73	0.70	0.42	0.60	0.52	0.51	0.60