

MAINS

OATMEAL WITH PEACH PUREE

6-9 MONTHS

INGREDIENTS *(Makes 1 baby portion)*

- 4 tablespoons oatmeal
- ½ peach (skin removed)
- ½ banana
- 100ml water / breast milk / formula milk



STEPS

1. Cut the skinned peach and banana into small chunks.
2. Then mash banana into puree. Set aside.
3. Cook oatmeal with water / milk over medium heat for 2-3 minutes.
4. Add banana puree into oatmeal.
5. Cook for another 1 minute.
6. Add water to desired consistency.
7. Add peach puree to oatmeal.

