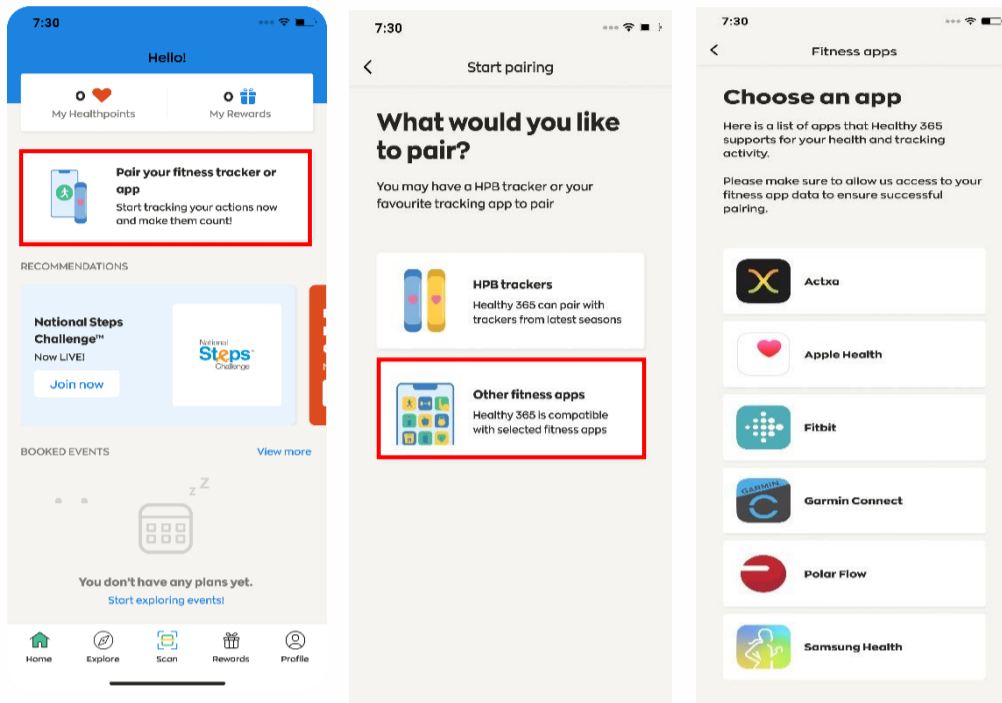


## How to set up other fitness tracking mode (For those not using the HPB Fitness Tracker)

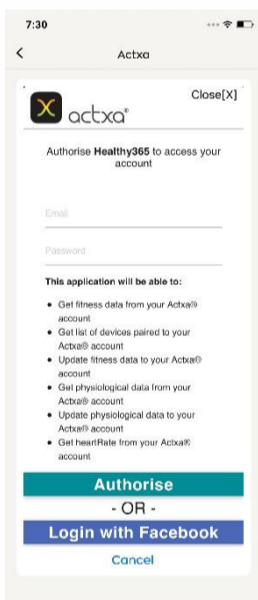


On the 'Home' tab of the Healthy 365 app, select 'Pair your tracker or app'. Next, tap on 'Other fitness apps' to choose your preferred fitness tracking mode:

- Actxa® mobile app<sup>^</sup>
- Apple Health mobile app
- Fitbit mobile app<sup>^</sup>
- Garmin Connect™ mobile app<sup>^</sup>
- Polar Flow mobile app<sup>^</sup>
- Samsung Health mobile app

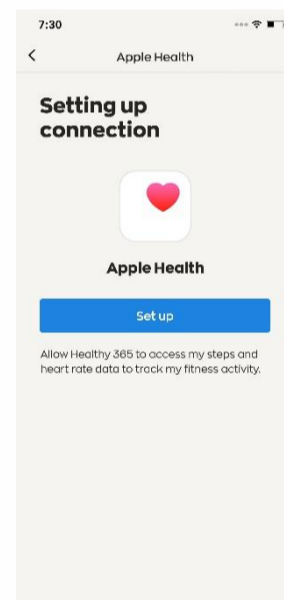
<sup>^</sup>Applicable to selected fitness tracking devices compatible with Actxa®, Fitbit, Garmin Connect™ or Polar Flow apps.

### Actxa®



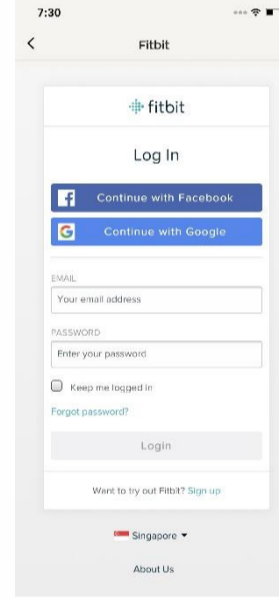
Log in to your Actxa® account and tap on 'Authorise' to allow access for the Healthy 365 app.

### Apple Health



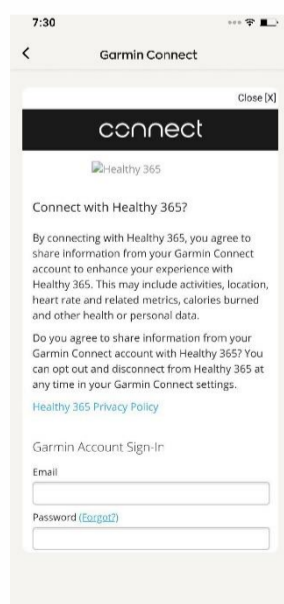
Allow the Healthy 365 app to access your fitness data on the Apple Health mobile app.

### Fitbit



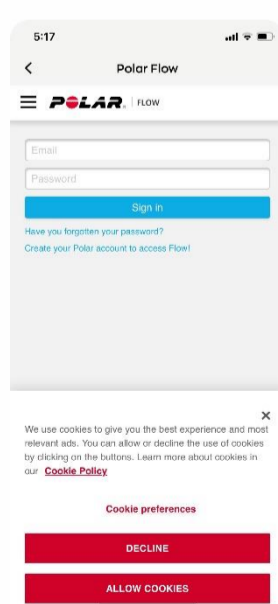
Log in to your Fitbit account.  
Select your preferred Fitbit tracker to allow the Healthy 365 app to access your fitness data on the Fitbit mobile app.

### Garmin Connect™



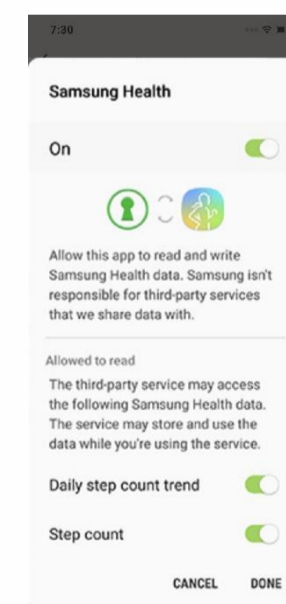
Log in to your Garmin Connect™ account to allow the Healthy 365 app to access your fitness data on the Garmin Connect™ Mobile app.

### Polar Flow



Log in to your Polar Flow account.  
Select your preferred Polar tracker to allow the Healthy 365 app to access your fitness data on the Polar Flow mobile app.

### Samsung Health



Allow the Healthy 365 app to access your fitness data on the Samsung Health mobile app.