

## **NATIONAL STEPS CHALLENGE<sup>™</sup> SEASON 6 CORPORATE CHALLENGE TERMS & CONDITIONS**

### **Challenge Overview**

1. The National Steps Challenge<sup>™</sup> is a physical activity initiative by the Health Promotion Board (“HPB”) to encourage Participants (“Participants”) to be more physically active, every day, anytime and anywhere.
2. Corporate Challenge (“Challenge”) is a part of the National Steps Challenge<sup>™</sup> organised for employees of participating companies and/or organisations (“organisation(s)”).
3. Participants can sign up by downloading the Healthy 365 app from Google Play Store or Apple App Store. Participants who have successfully signed up for National Steps Challenge<sup>™</sup> Season 6 will have the option of taking part in the Challenge by tracking their physical activities via a “Preferred Fitness Tracking Device” which can be
  - (a) a HPB-issued fitness tracker; or any compatible fitness tracker; or
  - (b) a compatible fitness app, namely Apple health, or Samsung Health (for Android) on the Participant's phone
4. Interested organisations must register with HPB in order for their employees to be eligible for the Challenge.
5. Organisations will compete based on the daily average step count per Participant and weekly average Moderate to Vigorous Physical Activity (MVPA) minutes per employee, as per the steps and MVPA minutes synchronised to the Healthy 365 app. There are two different categories of the Challenge depending on the workforce size of the organisation – organisations with workforce size <200 employees: and organisations with workforce size ≥200 employees.
6. The overall top three organisations with the highest daily average step count per Participant and/or overall top three organisations with the highest weekly average MVPA minutes per Participant will win cash rewards. In addition, organisations with the highest daily average step count in a month and the best improvement in daily average step count each month will also win rewards.
7. In conjunction with the Challenge, HPB encourages organisations to organise and conduct their own intra-organisation challenge, at the organisations’ sole expense and cost. For the avoidance of doubt, HPB assumes neither responsibility nor liability whatsoever and howsoever in connection with any intra-organisation challenge(s), including but not limited to the provision of any prizes or cost subsidy, which may be conducted.

### **Official Challenge Period**

8. The Challenge will officially start on **3 January 2022, 0000 hours** and end on **17 April 2022, 2359 hours** (“Official Challenge Period”).

## **Eligibility**

9. All organisations registered and operating in Singapore are eligible to join. Organisations must have their own UEN or ACRA number. Organisations who do not have a UEN or ACRA number may use a nominated representative's UEN or ACRA number to join instead e.g. The Federation of Merchants' Associations.
10. Organisations must meet the minimum number of eligible employees' sign-ups **by 19 December 2021, 2359 hours** in order to be eligible to compete against other organisations and be ranked in the Challenge Leaderboard. Only employees who have registered for Challenge on the Healthy 365 app and have successfully chosen a fitness tracking mode will count towards eligible employees' sign-ups.
11. The respective minimum eligible employees' sign-ups to be ranked on the Leaderboard are as follows:
  - Organisations with workforce size < 200 employees:  
At least 25 eligible employees' sign-ups.
  - Organisations with workforce size ≥ 200 employees:  
At least 15% of workforce size of eligible employees' sign-ups  
**or** 250 eligible employees' sign-ups, whichever is lower.
12. Only employees who are at least 17 years old, and with a valid NRIC or FIN number at the point of registration for the Challenge are eligible to participate.
13. If you are an existing participant of LumiHealth, you will have to withdraw from LumiHealth in order to join National Steps Challenge™ Season 6: Corporate Challenge. If you are an existing participant of LumiHealth, you will have to withdraw from LumiHealth in order to join this Challenge. Do note that withdrawal from LumiHealth is irreversible.

## **Participation and Fitness Tracker Collection Conditions**

14. Employees may register for the Challenge on the Healthy 365 app by entering a unique entry code issued to participating organisations. All entry codes will be provided to the organisation's point-of-contact.
15. All Participants of the Challenge will automatically be registered for the National Steps Challenge™ Season 6 when registration commences.
16. With the exception of Participants who have collected a HPB fitness tracker in Season 5, all other Participants of the Challenge will be eligible for a new HPB fitness tracker this season on a first come, first served, while stocks last basis.
17. Each eligible Participant is entitled to only **one (1) free fitness tracker**.
18. HPB's decision on the allocation of fitness trackers to Participants is final. Requests for exchange of different models of fitness trackers or exception to collect more than one free fitness tracker for any one registered individual will not be entertained.
19. Faulty trackers including broken straps can be exchanged on a one-for-one basis at our Authorised Service Providers' outlets, HPB's Customer Care Centre, and designated HPB tracker exchange locations by making an appointment through the H365 App. Find out how to make an appointment [here](#).

Note: Exchanges are to be done by appointment only. Appointment booking is required for troubleshooting support at our Customer Care Centres. Technical support is available only at Customer Care Centres. All other tracker exchange locations do not provide technical support.

20. Participants who had lost their HPB-issued fitness tracker may call [1800 567 2020](tel:18005672020) or email [stepschallenge@hpb.gov.sg](mailto:stepschallenge@hpb.gov.sg) for further assessment and support.
21. Once issued, the fitness trackers are non-transferrable and non-assignable.

## **Rewards**

22. **Overall Top 3 Organisations in the Steps Leaderboard:** Cash rewards, as solely determined by HPB, will be given to the top three organisations with the highest daily average step count per Participant accumulated during the Official Challenge Period.
23. The daily average steps is computed by the total number of steps accumulated by all participating employees divided by the sum of the total number of days in the challenge for all participating employees.
24. **Overall Top 3 Organisations in the MVPA Leaderboard:** Cash rewards, as solely determined by HPB, will be given to the top three organisations with the highest weekly average MVPA minutes per Participant accumulated during the Official Challenge Period.
25. The weekly average MVPA duration is computed by the total number of MVPA minutes accumulated by all participating employees divided by the sum of the total number of days in the challenge amongst all participating employee multiplied by seven days.
26. **Monthly Winner:** Cash rewards, as solely determined by HPB, will be given to the organisation with the highest daily average step count per Participant for that particular month. There are 4 rounds: (a) 1 to 31 January 2022, (b) 1 to 28 February 2022, (c) 1 to 31 March 2022 and (d) 1 to 17 April 2022. Each organisation is only eligible to win this reward once.
27. **Top 3 Most Improved Organisations:** Cash rewards, as solely determined by HPB, will be given to the top 3 organisations with the largest difference in daily average step count per Participant in that particular month, as compared with the previous month's average step count. There are 3 rounds: (a) 1 to 28 February 2022, based on January 2022's average, (b) 1 to 31 March 2022, based on February 2022's average, and (c) 1 to 17 April 2022, based on March 2022's average. Each organisation is only eligible to win this reward once.
28. All Participants of the Challenge will be signed up to the National Steps Challenge™ Season 6 and hence be subjected to the earn mechanics of National Steps Challenge™ Season 6. Please refer to the Terms and Conditions of National Steps Challenge™ Season 6 on [stepschallenge.gov.sg](https://stepschallenge.gov.sg).
29. Participants can earn additional rewards and/or Healthpoints outside the National Steps Challenge™ Season 6 earn mechanics, such as through chance-based gamification, QR-code scanning gamification, backend gamification, or other HPB programmes conducted on the Healthy 365 app.
30. HPB reserves the right to modify and/or terminate the rewards at any time at its sole discretion without any further notice to the Participants and/or organisations.

## **Disclosure of Personal Data**

31. HPB may share necessary Personal Data with other Government agencies and with the organisations, so as to serve Participants in a most efficient and effective way, unless such sharing is prohibited by law.
32. Personal Data will not be shared with non-Government entities, except where such entities have been authorised by HPB to carry out functions on HPB's behalf for which Personal Data has been collected for pursuant to these terms and conditions or for other specific Government services.

33. HPB may use the necessary Personal Data for publicity, promotional, liaison, collection of feedback, surveys, advertising and marketing purposes on any media and in connection with any programmes/outreach/initiatives/activities.
34. Participants must be responsible for providing complete and accurate contact information to HPB and its organisers. HPB accepts no responsibility for any inability or failure to contact the participants arising from inaccurate or incomplete contact information.

### **Health Advisory**

35. Participants with medical conditions or specific healthcare needs should consult with their doctor before engaging in any physical activities.
36. Participants should not participate in the Challenge's activities or events if they are not feeling well.
37. The HPB fitness trackers are provided as a public service and are meant to provide Participants with information to encourage an active and healthy lifestyle. HPB fitness trackers and compatible fitness tracking devices are intended to provide a close estimation of your activities and metrics tracked but may not be precisely accurate. The HPB fitness trackers are not medical devices and the data provided is not intended to be utilised and/or relied on for medical purposes.
38. HPB shall not be responsible, under any theory of liability or indemnity, for any injuries sustained/casualty (to the extent permitted by law) that should arise directly or indirectly from the participation in the Challenge and/or its associated activities or events held by HPB and/or any utilisation or reliance of any data from the HPB fitness trackers.
39. Participants shall indemnify and hold HPB harmless its officers, employees and agents from and against all claims of any nature made by any person arising out of or in connection with this Challenge and these terms and conditions.

### **General Terms and Conditions**

40. By participating in the Challenge, organisations and/or Participants agree to be bound by and to comply with the terms and conditions of the Challenge, National Steps Challenge™ Season 6, and the Healthy 365 app, which are expressly incorporated herein and can be found at [stepschallenge.sg](http://stepschallenge.sg).
41. HPB may vary these terms and conditions without notice, discontinue, or withdraw the Challenge and the National Steps Challenge™ Season 6 at any time without any notice or liability to any party.
42. HPB reserves the right to change the submitted (industry) classification of organisations accordingly to The Singapore Standard Industrial Classification or as deemed fit by the organiser. HPB may also modify and/or terminate the Challenge and/or the National Steps Challenge™ Season 6 rewards scheme at any time at its sole discretion without any further notice to the organisations and/or Participants.
43. HPB may, in its sole and absolute discretion and without prior notice, replace, change or substitute any rewards with another of similar value.
44. HPB reserves the right to disqualify an organisation or forfeit any rewards if there are reasonable grounds to suspect that Participants in the organisation have engaged in fraudulent activity to influence the results of the Challenge.
45. HPB's decision on all matters relating to the Challenge and the National Steps Challenge™ Season 6 is final and binding on all Participants and participating organisations. HPB will not entertain any

queries with regards to any challenge results and will not be obliged to provide the reason(s) for its awarding decision to a participating organisation.

46. HPB reserves the right to conduct random checks, investigate cases of suspected fraud and suspend an employee's participation status during the investigation period. Participants hereby consent to be contacted by HPB and will comply with HPB's request(s) to be interviewed and featured for auditing purposes.
47. Without prejudice to any other provision in these terms and conditions, HPB shall not be liable for any expenses, losses, costs damages, liabilities or other consequences of any nature (collectively "Losses") suffered or incurred directly or indirectly by the Participants of the Challenge and the National Steps Challenge™ Season 6 howsoever caused or arising and without limiting the generality of the foregoing, whether by reason of or on account of any act or omission whether negligent or otherwise on the part of HPB or its agents or employees (to the extent limited by law), even if HPB or its agents or employees are advised about the possibility of such Losses.
48. HPB shall not be liable for any injuries sustained or casualty that arises directly and/or indirectly from the participation of the Challenge and the National Steps Challenge™ Season 6, including its accompanying series of roadshows and other engagement activities.
49. The Terms and Conditions shall be governed by the laws of Singapore. The Terms and Conditions shall constitute the entire understanding and agreement between the HPB and the Participants. The Terms and Conditions are not intended to confer rights on any third-party cap, whether pursuant to the Contracts (Rights of Third Parties) Act (Cap. 53B) or otherwise, and no third party shall have any right to enforce any provision of the Terms and Conditions.
50. In any term or provision of the Terms and Conditions is held to be illegal or unenforceable, such term or provision shall be deemed to be deleted from the Terms and Conditions and the validity or enforceability of the remainder of the Terms and Conditions shall remain in full force and effect. HPB's failure to enforce at any time the provisions of the Terms and Conditions or any rights in respect thereto shall in no way be considered to be a waiver of such provisions, rights, or elections or in any way affect the validity of the Terms and Conditions.
51. In the event of any inconsistency between the Terms and Conditions and any brochure, marketing or promotional material relating to challenge, the Terms and Conditions shall prevail.