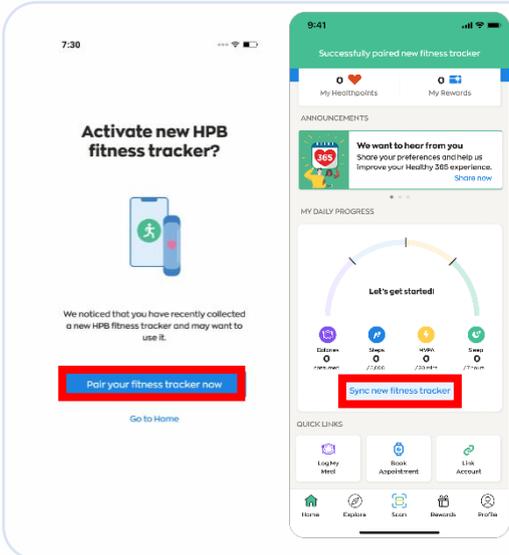


How to set up your HPB fitness tracker for the first time after collection



For new participants

If you have not previously paired any fitness device with the Healthy 365 app, turn your new HPB fitness tracker on and keep it near your mobile phone with the Healthy 365 app turned on.

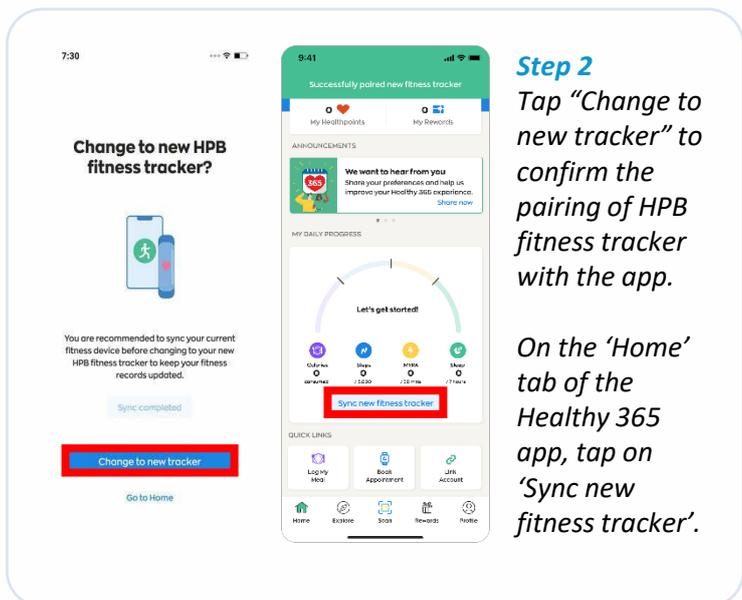
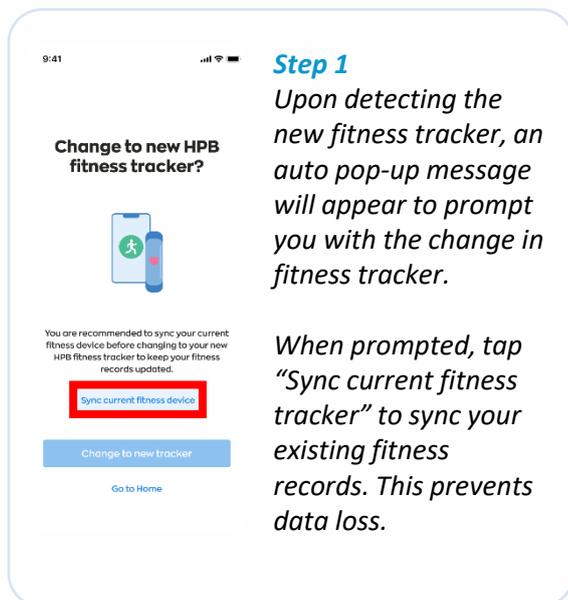
Tap on “Pair your fitness tracker now” to activate your HPB fitness tracker when you are prompted.

On the ‘Home’ tab of the Healthy 365 app, tap on ‘Sync new fitness tracker’.

For returning participants

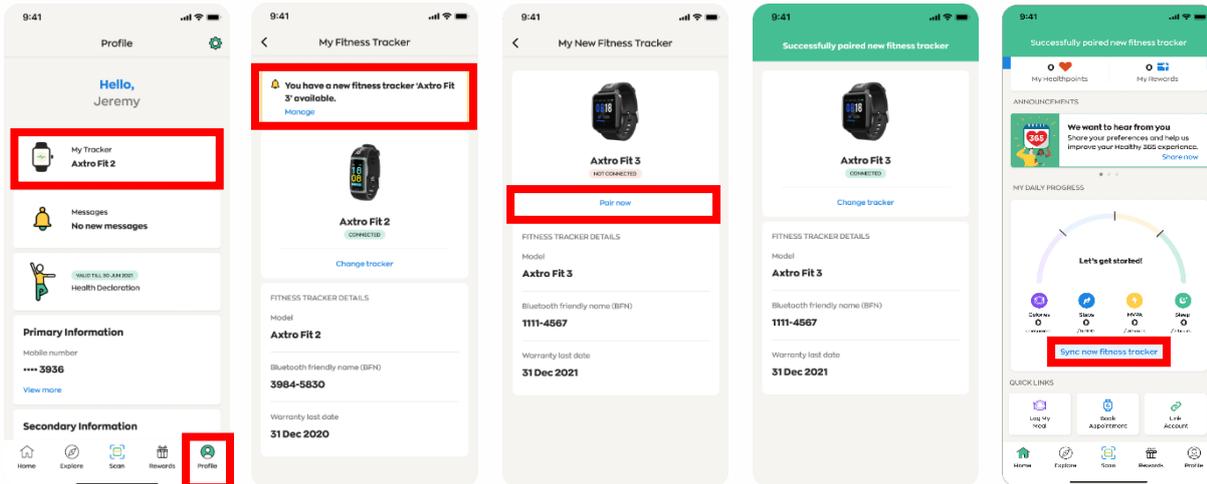
If you have recently collected your new HPB fitness tracker and have an existing fitness device paired with the Healthy 365 app, follow either option below to pair your new HPB fitness tracker.

Option 1: Through the Auto Prompt Pop-Up Message.



How to set up your HPB fitness tracker for the first time after collection

Option 2: Through the Profile page



Step 1

Turn on your new HPB Fitness tracker and have it nearby.

Go to 'Profile' and tap "My Fitness Tracker".

Step 2

Tap "Manage".

Step 3

Tap "Pair now" and follow the on-screen instructions to pair your new HPB fitness tracker.

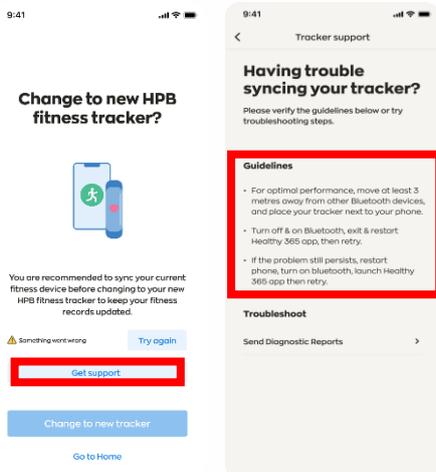
Step 4

A confirmation message will appear in the green bar to indicate that your new tracker is successfully paired.

Step 5

Go to 'Home' and tap 'Sync new fitness tracker'.

Having trouble syncing?



If your syncing attempts are unsuccessful with your current fitness device after 3 tries, tap "Get Support" and try the troubleshooting steps under "Guidelines".

If the issue persists, please contact our Customer Care at 1800 223 1313 or HPB_Mailbox@hpb.gov.sg