

National Steps Challenge™ Season 5 Corporate Challenge

Rev up MVPA Minutes with your work buddies!

Challenge Period: 16 March to 22 March 2020

1. Eligibility

- 1.1. You must be a Singapore or Permanent Resident of Singapore with a valid NRIC or a foreigner with a valid FIN.
- 1.2. You must be 17 years or older to participate in this Challenge.
- 1.3. You must be a Corporate Challenge participant to qualify for this Challenge.
- 1.4. Persons in the following categories are prohibited from participating:
 - Anyone below 17 years of age;
 - Anyone who is not a Corporate Challenge participant at the time of collecting the prize;
 - Any person who is not a Singapore Citizen, permanent residents, employment pass holder, student pass holder or work permit holder.
 - Participant(s) who has failed to provide true, correct and accurate information at any point of contact. Health Promotion Board (herein referred to as the “HPB”) reserves the right to disqualify entry submissions, refuse to award any prize or require return of the prize presented to the Participant(s).

2. Official Challenge Period

- 2.1. The **Rev up MVPA Minutes with your work buddies Corporate Thematic Challenge** will start on 16 March and end on 22 March 2020.

3. How to Participate

- 3.1. Participants have to:

Step 1: Rally as many colleagues as possible to clock at least 150 minutes of MVPA from 16 March - 22 March 2020

Step 2: Sync your fitness activity records at least once every 7 days on the Healthy 365 mobile app

- 3.2. Before embarking on any moderate-intensity or vigorous-intensity physical activities, please go through the Physical Activity Readiness Questionnaire and you are also

strongly encouraged to exercise discretion. Please complete the health declaration on the Healthy 365 mobile app and ensure you are in good fitness condition before attempting moderate to vigorous physical activities (MVPA). If you have an existing heart condition or any other illness and/or injury, please consult a doctor prior to your participation of the Challenge.

3.3. HPB reserves the right to disqualify any Challenge entries, forfeit any prize or require return of the prize presented to the Participant if:

- HPB, in its sole discretion, decides that the participation is not valid;
- The Participant does not agree to abide by and be bound by the Terms & Conditions;
- The Participant is abusive to HPB staff at any point of contact;
- Participant(s) who failed to provide true, correct and accurate information at any point of contact;
- HPB discovers or has reasonable grounds to suspect that the Participant has engaged or attempted to engage in any activity to inappropriately manipulate submission procedures including without limitation the unauthorised use of profiles not belonging to the Participant.

4. Prizes

4.1. Top 3 large (workforce size ≥ 200) and top 3 small organisations (workforce size < 200) with the largest difference in their number of steps and MVPA minutes, before and after the Challenge, will stand a chance to win attractive prizes including:

	Large Companies	Small Companies
1 st Prize	<ul style="list-style-type: none"> • Real Yoga 3-month Corporate Membership (worth up to \$3,500) - 7 pcs • Up to 3 users at any time 	<ul style="list-style-type: none"> • Real Yoga 3-month Corporate Membership (worth up to \$3,500) - 7 pcs • Up to 3 users at any time
2 nd Prize	<ul style="list-style-type: none"> • BOUNCE Weekday passes (worth up to \$25) - 150 pcs • \$50 Running Lab Shoe e-Voucher (500 pcs) 	<ul style="list-style-type: none"> • BOUNCE Weekday passes (worth up to \$25) - 150 pcs • \$50 Running Lab Shoe e-Voucher (500 pcs)
3 rd Prize	<ul style="list-style-type: none"> • \$50 LIV ACTIV Shoe e-Voucher - 500 pcs 	<ul style="list-style-type: none"> • \$50 LIV ACTIV Shoe e-Voucher - 500 pcs

4.2. Please note that all other T&Cs specified by the sponsors of the above prizes, will also apply.

4.3. Please note that e-Vouchers (e.g. \$50 Running Lab Shoe e-Voucher) will only be made available in the participant’s Healthy 365 mobile app within 3 months after the Challenge has ended.

4.4. HPB will contact the Point of Contact (POC) of the winning organisation(s) by 10 April 2020.

- 4.5. In the event that there is no response from the Point of Contact (POC) of the winning organisation after 1 week, HPB reserves the right to disqualify that entry.
- 4.6. Winning organisation(s) are not allowed to exchange prizes for cash or other goods or services. HPB will not entertain any request for the exchange of prizes.
- 4.7. Winning organisation(s) have to redeem their prize(s) by **30th July 2020** after confirmation of collection with HPB.
- 4.8. Winning organisation(s) will collect their prize at Health Promotion Board from Monday to Friday 9am to 12pm, 2pm to 5pm. Transportation cost will not be remunerated.
- 4.9. Winning organisation(s) may authorise 1 HR employee to collect the prizes. The individual is required to provide the following details to HPB staff for prize redemption:
 - Company Name
 - UEN
 - Contact number
 - Email address
 - Signature as acknowledgement
- 4.10. HPB may, in its sole and absolute discretion and without prior notice, replace, change or substitute any prizes.

5. Disclosure of Personal Data

- 5.1. HPB may share necessary Personal Data with other Government agencies, so as to serve Participants in a most efficient and effective way, unless such sharing is prohibited by law.
- 5.2. Personal Data will not be shared with non-Government entities, except where such entities have been authorised by HPB to carry out functions on HPB's behalf for which Personal Data has been collected for pursuant to these terms and conditions or for other specific Government services.
- 5.3. HPB may use the necessary Personal Data for publicity, liaison, advertising or marketing purposes in connection with any HPB programmes/outreach/initiatives/activities.
- 5.4. Participants must be responsible for providing complete and accurate contact information to HPB and its organisers. HPB accepts no responsibility for any inability or failure to contact the Participants arising from inaccurate or incomplete contact information.

6. Limitation of Liability

- 6.1. All Participants of the Challenge agree that neither HPB nor their affiliates, employees, directors, officers, agents and/or assignees shall be liable in any way for, and shall be indemnified, released, discharged and held harmless, fully and effectively, by each Participant against and from any and all claims by any Participant or third party for:

- a) Slander, libel, defamation, violation of rights of privacy, publicity, and/or civil rights, depiction in a false light, intentional or negligent, infliction of emotional distress, copyright infringement, and/or any other tort and damages arising from or in any other way related to their participation in Social Contest;
- b) All injuries, losses or damages to property or person of any kind, including death, claims, actions, proceedings and other liability arising out of or caused in whole or in part, directly or indirectly, by the acceptance, possession, use or misuse of the prizes or participation in Social Contest;
- c) Any lost, late, mechanically duplicated, illegible, incomplete, mutilated, tampered, damaged, corrupted or misdirected Entries; and
- d) Any losses, costs, expenses, fees or damages incurred by the Participants arising out of or in connection with Social Contest or any activity related thereto, including without limitation, any breakdown or malfunction of any computer system or equipment.

7. General Terms and Conditions

- 7.1 HPB reserves the rights to amend the Terms & Conditions without prior notice.
- 7.2 HPB reserves the right to modify and/or terminate the Challenge at any time at its sole discretion without any further notice to the Participants.
- 7.3 HPB reserves the right at its sole discretion, to suspend, postpone or terminate the challenge or shorten or extend the duration of challenge and/or amend, modify, delete, supplement, replace or revise the Terms & Conditions, without any liability or prior notification to any person, including but not limited to any Participant.
- 7.4 HPB shall not be liable to any party whatsoever for any delay in complying or failure to comply with the Terms & Conditions due to the occurrence of any event or circumstance beyond its control, including without any limitation to, acts of God, natural disasters or catastrophes, riots or wars (whether declared or not), terrorist activities, epidemics, health threats, quarantine requirements, change or issuance of new applicable laws.
- 7.5 HPB further reserves the right to modify and/or terminate the reward scheme of the Challenge at any time at its sole discretion without any further notice to Participants.
- 7.6 HPB may, in its sole and absolute discretion and without prior notice, replace, change or substitute any prizes with another of similar value.
- 7.7 HPB reserves the right to disqualify any entries, forfeit any prize or require return of the prize presented to the Participant if:
 - HPB, in its sole discretion, decides that the participation is not valid;
 - The Participant does not agree to abide by and be bound by the Terms & Conditions;
 - The Participant is abusive to HPB staff at any point of contact;

- Participant(s) who failed to provide true, correct and accurate information at any point of contact;
- 7.8 HPB discovers or has reasonable grounds to suspect that the Participant has engaged or attempted to engage in any activity to inappropriately manipulate submission procedures including without limitation the unauthorised use of profiles not belonging to the Participant.
- 7.9 In all circumstances, HPB's decisions shall be final, binding and conclusive on all matters relating to challenge and lucky draw, and no further correspondence shall be entertained. Participants agree and undertake to be bound by the aforesaid decisions.
- 7.10 The Terms & Conditions shall be governed by the laws of Singapore. The Terms & Conditions shall constitute the entire understanding and agreement between the HPB and the Participants. The Terms & Conditions are not intended to confer rights on any third party cap, whether pursuant to the Contracts (Rights of Third Parties) Act (Cap. 53B) or otherwise, and no third party shall have any right to enforce any provision of the Terms & Conditions.
- 7.11 In any term or provision of the Terms & Conditions is held to be illegal or unenforceable, such term or provision shall be deemed to be deleted from the Terms & Conditions and the validity or enforceability of the remainder of the Terms & Conditions shall remain in full force and effect. HPB's failure to enforce at any time the provisions of the Terms & Conditions or any rights in respect thereto shall in no way be considered to be a waiver of such provisions, rights, or elections or in any way affect the validity of the Terms & Conditions.
- 7.12 In the event of any inconsistency between the Terms & Conditions and any brochure, marketing or promotional material relating to challenge, the Terms & Conditions shall prevail.
- 7.13 HPB reserves the right to use the names and photographs of the Participants and prize winners for any promotional, marketing or publicity purposes in any media.