

# Pre LTW Fitness Assessment

18 May to 31 May 2020 - Updated 13.03.20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>18 May</b>	<b>19 May</b>	<b>20 May</b>	<b>21 May</b>	<b>22 May</b>	<b>23 May</b>	<b>24 May</b>
<p><b><u>Our Tampines Hub</u></b> Arena @ OTH 7 - 8pm</p> <p><b><u>Punggol Town Square</u></b> Level 1 Sheltered Area 7:30 – 8:30pm</p>	<p><b><u>Bukit Gombak Sports Centre</u></b> Blue basketball court 7.30 – 8.30pm</p> <p><b><u>Yio Chu Kang Stadium</u></b> D-Ring 7:30 – 8:30pm</p>	<p><b><u>Pasir Ris Sports Centre</u></b> Level 1, Sheltered Area 7 – 8pm</p> <p><b><u>Plaza Singapura</u></b> Beside HSBC 7.30-8.30pm</p>	<p><b><u>Woodlands Stadium</u></b> D-Ring 7:30 – 8:30pm</p> <p><b><u>Serangoon CC</u></b> Level 1 MPH 7-8pm</p>	<p><b><u>Yishun Stadium</u></b> Spectator Stand 7.30 – 8.30pm</p> <p><b><u>IMM</u></b> Level 3, Garden Plaza 7:30 - 8:30pm</p>	<p><b><u>Hougang Stadium</u></b> Spectator Stand 9 – 10am</p> <p><b><u>Yishun Town Square</u></b> Sheltered Area 9 – 10am</p>	<p><b><u>Sports Hub</u></b> Level 3, Outside Gate 22 10 – 11am</p> <p><b><u>Jurong West Stadium</u></b> Level 3 Foyer 9-10am</p> <p><b><u>Anchorvale CC</u></b> Level 2, Hardcourt 6 - 7pm</p>
<b>25 May</b>	<b>26 May</b>	<b>27 May</b>	<b>28 May</b>	<b>29 May</b>	<b>30 May</b>	<b>31 May</b>
<p><b><u>IMM</u></b> Level 3, Garden Plaza 7:30 - 8:30pm</p>	<p><b><u>Sports Hub</u></b> Level 3, Outside Gate 22 7 – 8pm</p> <p><b><u>Sembawang MRT</u></b> Outdoor hardcourt 7:30 – 8:30pm</p>	<p><b><u>Jurong West Stadium</u></b> D-Ring 7.30-8.30pm</p> <p><b><u>273E Compassvale</u></b> MPH &amp; Basketball 7-8pm</p>	<p><b><u>HPB</u></b> Level 2, Sheltered Area 7 – 8pm</p> <p><b><u>Jurong Canopy</u></b> Level 1 Sheltered Area 9 - 10am</p>			<p><b><u>Ayer Rajah CC</u></b> Sheltered basketball court 9 – 10am</p> <p><b><u>Our Tampines Hub</u></b> Arena @ OTH 5 - 6pm</p>