Healthy Eating is As Easy As ABC

A: Apple  B: Brown rice  C: Carrot  D: Dragon fruit  E: Eggplant  F: Fish  G: Grapes
N: Nuts  O: Oats  P: Plain water  Q: Quail's egg  R: Rambutan  S: Spinach  T: Tofu

Let’s be a Healthy Pre-school today!