

























<ul style="list-style-type: none"> - Record weight, blood pressure daily - Record blood glucose (if applicable) - Check symptoms daily <p>Refer Heart Failure Action Plan ✓ the colour zone accordingly</p> <p>● OK ● NOT OK ● GET HELP!</p>	<div style="border: 1px solid black; width: 30px; height: 20px; margin-bottom: 5px;"></div> <p>Weight: _____ kg BP: _____ / _____ mmHg Blood Glucose: _____ mmol/L (finger prick) Heart failure symptoms: ● ● ● Remarks:</p>
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